



FOOTBALL & CHEERLEADING SIGNUPS

**SATURDAY MAY 01
9:30AM — 12PM
FOOTBALL
CLUBHOUSE**

NEW FOR 2010

LAST CALL FOR CHEERLEADING SIGNUPS!!!

PRE-REGISTER AND PAY ONLINE AT WWW.RTROCKETS.COM †

FOOTBALL

Varsity: 10-14 yrs old, not turning 15 before Nov. 15, 161 lbs. max

JV: 9-12 yrs old, not turning 13 before Aug. 1, 138 lbs. max

Peewee: 9-11 yrs old, not turning 12 before Aug. 1, 123 lbs. max

Super PW: 9-10 yrs old, not turning 11 before Aug. 1, 108 lbs. max

Clinic: 8-9 yrs old, not turning 10 before Aug. 1, 95 lbs. max

Pre-Clinic: 3rd grade, turning 7 before Aug 1, not 9 before Aug 1, 88 lbs. max

Pre-Clinic: 2nd grade, turning 7 before Aug 1, not 9 before Aug 1, kids matched by size

Flag: Girls & Boys 5-6 yrs old, not turning 7 before Aug. 1, must be 5 by Nov 15.

* Children will play at the lowest age group possible but can move up to play with kids in their own grade.

* Children more than 5 lbs over maximum weight shown can petition to move up one level.

* Contact players should be in 2nd - 8th grade for the 2010-2011 school year.

* Birth Certificates are required for first year players.

* Child must live in Rockaway Township.

FOOTBALL CHEERLEADING

Varsity: 8th grade

JV: 7th grade

Peewee: 6th grade

Super PW: 5th grade

Clinic: 4th grade

Pre-clinic: 2nd & 3rd graders

Pom Poms: Kindergarten & 1st grade

ALL PRE-CLINIC THROUGH VARSITY CHEERLEADERS MUST TRY OUT

Cheer Clinic: May 3 - 6

Mandatory Events:

Try-outs: May 8

Practices: August 2 -26

Pep Rally: August 28 or 29

Games: September 3 - November 15

The season begins August 1st and runs through mid-November. Flag & Pom Poms end in October.

Other Signup Dates: May 22nd for Football and Flag ONLY! 9:30-12pm at the Football Clubhouse**

† Pre-registered families drop off or mail in their Code of Conduct and notarized Emergency Medical Treatment Forms to: Rockaway Rockets Football, PO Box 227, Rockaway NJ 07866

**The Football Clubhouse is located behind the recycling center adjacent to the police department.

For more information and printable forms, visit www.RTRockets.com

For up to date information, call the Rockets Hotline: 973-863-7410