

Rockaway Township Non-Perishable Food Drive For Furloughed Federal Workers

Please note the following when donating food

- Donations may be dropped off at the Rockaway Township Municipal Building Lobby, 65 Mt. Hope Road, Rockaway, between the hours of 8:30am – 4:30pm, Monday through Friday.
- While all donations are appreciated, please only bring non-perishable food and foods that have not exceeded their 'best by' or 'use by' expiration dates.
- When you drop off the donation, please fill out your donation form completely and legibly so we can mail your acknowledgement. This also serves as a tax receipt.
- If you are donating more than a few bags of food, please let us know what to expect so we may plan. Please call 973-983-2848/2849 to let us know your drop-off plans if necessary.

Current Needs

Please note that these are the items most necessary at this time. If you plan to grocery shop for those in need, please take this list with you.

Fruits & Vegetables (*preferably canned in its own juice or 'no sugar added'*)

- Canned fruit
- 100% fruit juice
- Canned vegetables
- Pasta sauce & tomato products (jarred/canned sauce, crushed, whole, diced, paste, etc.)

Grains (*whole grains preferred*)

- Cereal (low sugar, high fiber)
- Oatmeal
- Pasta
- White rice & brown rice

Dairy (*shelf-stable low-fat or non-fat dairy preferred*)

- Evaporated milk
- Dry milk
- Shelf-stable milk alternatives like soy, rice or almond milks
- Shelf-stable Parmalat

Protein (*preferably 'no salt added' or low sodium*)

- Canned beans
- Dried beans
- Canned tuna, salmon & other canned fish
- Peanut butter
- Canned meats & meals (ravioli, spaghetti & meatballs, hash, stew, chili, etc.)

(continued on next page)

Side Dishes/Prepared

- Rice-a-Roni, Pasta-Roni, etc.
- Hamburger Helper, Tuna Helper, etc.
- Instant/dried potatoes
- Macaroni & cheese
- Stuffing

Soups (*preferably low sodium*)

- Hearty canned varieties
- Condensed canned varieties

Baby Items

- Shelf-stable infant formula
- Baby food (fruits, vegetables, meats & meals)
- Baby cereal (rice, oatmeal)
- Diapers (various sizes)
- Pull-ups (various sizes)
- Baby wipes

Specialty Items

- Bottled water
- Paper towels
- Tea & coffee
- Resealable (i.e., Ziploc) sandwich bags and quart-sized storage bags
- Gluten free products
- Ensure or Boost products, regular variety
- Boost Glucose Control or Glucerna
- Adult Depends



Thank you for donating and making a difference!!