



STATE OF NEW JERSEY
GOVERNOR PHIL MURPHY

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Governor Murphy Signs Executive Order Allowing the Resumption of Contact Practices and Competitions for Certain Organized Sports in Indoor Settings

Medium and High Risk Sports Can Resume Under 25% Capacity Limit

TRENTON – Governor Phil Murphy today signed Executive Order No. 187, allowing the resumption of contact practices and competitions in indoor settings for organized sports defined as “medium risk” and “high risk” by the New Jersey Department of Health’s [“Guidance for Sports Activities.”](#) The order encompasses sports including hockey, basketball, cheerleading, group dance, rugby, boxing, judo, karate, taekwondo, and wrestling. Governor Murphy previously signed Executive Orders No. 149 and 168, which permitted the resumption of outdoor sports activities, “low risk” practices and competitions in indoor settings, and non-contact indoor practices for “medium risk” and “high risk” sports.

“The COVID-19 pandemic has been challenging for our student-athletes, support staff, and school communities,” **said Governor Murphy.** “After consulting stakeholders and medical experts, we have concluded that, with proper public health and safety protocols in place, indoor sports may now resume in a way that protects players, coaches, and staff.”

All indoor practices and competitions are limited to 25% of the capacity of the room, but not more than 25 or less than 10 persons. However, if the number of individuals who are necessary for practice or competition, such as players, coaches, and referees, exceeds 25, the practice or competition may proceed if no unnecessary individuals such as spectators are present. Even if this exception applies, the number of individuals at the practice or competition cannot exceed 25% of the capacity of the room, and such limit cannot exceed 150 persons.

Facilities and participants must abide by a number of health and safety protocols outlined in the Department of Health’s [“Guidance for Sports Activities,”](#) such as screenings for athletes, coaches, and staff; limitations on equipment sharing; and requirements for disinfecting and sanitizing surfaces and equipment.

Additionally, sports under the oversight of either the New Jersey Interscholastic Athletic Association or the NCAA must continue to abide by those associations' rules. All sporting activities must comply with all applicable laws, regulations, and Executive Orders.

The order will take effect immediately.

For a copy of Executive Order No. 187, please click [here](#).