

**Rockaway Township
Division of Health**

**SENIOR
RESOURCE GUIDE**

Serving

**Butler Borough, Jefferson Township,
Rockaway Township, Town of Boonton and
Victory Gardens**



Senior Resources and Services

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**For more information regarding senior resources or referrals,
please dial 2-1-1 or go to 211.org**

Senior Resources and Services

Alert Systems and Monitoring Services

- **Hope Connection**, Hope House (973) 361-5555 x 3038
Personal emergency response units that directly links you to a 24/7 monitoring service. This is NOT free, but some insurance companies may pay for the necessary equipment.
- **Project Lifesaver**, Morris County Sheriff's Office (973) 285-6681
A signal tracking bracelet is available for those who have a history of wandering and who live with a caregiver.

Assistive Devices

- **NJ Division of the Deaf and Hard of Hearing**
(800) 792-8339 or (609) 588-2648
Assistive Communication Device Demonstration Center. Devices include Amplified Telephone CapTel, Hearing Carry Over (HCO) Telephone, Smoke Detector, Carbon Monoxide Detector, Baby Cry Alert System and Artificial Larynx Device (ALD).
- **Morris County Public Library**
(973) 285-6930
Hardware and equipment for the hearing impaired.
- **NJ Library for the Blind & Physically Handicapped**
(800) 792-8322
Hardware and equipment for the hearing impaired, as well as ASL Access Video collection is available.
- **New Jersey Relay**
Dial 711
Relay Service available for individuals to communicate with those who are deaf or have a speech impediment. An operator will type what a person says and speak the response from the deaf person.
- **Office of Aging, Disabilities and Community Programming**
(800) 564-4656 or (800) 792-9745 or call the
PAAD & Senior Gold Lifeline (800) 792-9745
 - Hearing Aid Assistance to Aged and Disabled (HAAAD) – program provides up to \$100 to NJ residents who are aged and/or disabled for the purchase of a hearing aid. Applicants must meet PAAD eligibility requirements. Applications available.

Senior Resources and Services

Food and Nutrition

- **Morris County Nutrition Program** (973) 285-6856 **FREE**
Home delivered meals, local congregate dining, and farmer's market vouchers.
- **Morris County Office of Temporary Assistance** (973) 326-7800
The Supplemental Nutrition Assistance Program (SNAP)/Food Stamp Program can increase the food purchasing power of eligible low-income households.
- **Interfaith Food Pantry** (973) 538-8049 **FREE**
Home Delivery and Senior Nutrition – easy to prepare grocery items.
- **VNA House Calls for Groceries** Rachel Enderle at (973) 451-4128 **FREE**
Volunteers will shop for homebound seniors weekly or bi-weekly.
- **Town of Boonton Food Pantry** (973) 402-9410 ext. 634 Lucille
- **Butler Nutrition Site** (973) 838-4472
- **Jefferson Nutrition Site** (973) 208-0788
54 Schoolhouse Road, Oak Ridge, NJ 07438
- **Rockaway Nutrition Site** (973) 361-9376

Home Repairs

- **Hope House Operation Fix-it Program** (973) 361-5555 x 3036
FREE Minor Safety and Home Repairs.
- **Morris County Community Development**
Call H.O. Gorman at (973) 285-6032 or (973) 285-6033
The Morris County Housing Rehabilitation Program provides funding to address major system failures for eligible homeowners (e.g. roof, furnace).
- **Morris Habitat for Humanity- Aging in Place** (973) 891-1934
Home support for seniors to make living space more accessible and energy efficient. Can also install aluminum ramps for easy and safe access to the home, helping the senior gain independence.
- **Morris County Organization of Hispanic Affairs** (973) 366-4770 x 10
Includes Insulation of attics, floors, and walls; replacement or repair of heating systems; weather stripping or caulking. Call 973-366-4770 x 10 for information and to apply.

Senior Resources and Services

In-Home Services

- **Morris County Office of Aging, Disability & Community Programming**
(973) 285-6848 or (800) 564-4656 **FREE** services include personal care, home delivered meals, transportation, and respite for care givers.
- **NewBridge SAIL** (973) 839-2520 **FREE**
At-home evaluations by a registered nurse; weekly in-home professional counseling; respite care and counseling for caregivers; and linkage to additional services.
- **Norwescap RSVP Friendship at Heart** (973) 784-4900 x 205 **FREE**
Telephone reassurance-receive a daily check-in phone call; Friendly Visitor-volunteer will visit with you about once a week; **Senior Cents**-volunteer will help you with mail, pay bills, etc.
- **Atlantic Home Health Care** (973) 379-8400
Medicare, Medicaid, and most private insurance will cover this service. Nurses, rehabilitation therapists, social workers and home health aides provide care and education at private residences and assisted living facilities.
- **Visiting Nurse Association of Northern NJ Friendly Visitor Program**
Rachel Enderle at (973) 451-4128
Volunteers will visit on a weekly or bi-weekly basis and participate in activities like playing board games, discussions, listening to music and reading.

Mental Health and Suicide Prevention

- **Institute on Aging 24-hour Friendship Line** (800) 971-0016 **FREE**
Offers a lifeline of hope to seniors by providing emotional support, well-being check-ins, information and referral, and crisis intervention.
- **New Bridge Senior Services** (888) 746-9333
Counseling, adult day program, crisis intervention, and horticultural therapy program.
- **NJ Hope Line 24-hour Support** (855) 654-6735 **FREE**
Specially trained mental health and peer support specialist will answer your call. Provides support, assessment, and intervention for people experiencing emotional distress.
- **NJ Hope and Healing** (866) 202-4357 **FREE**
During COVID-19 your mental health is vital. Call to Receive free emotional support.

Senior Resources and Services

Transportation

- **Morris Area Paratransit (MAPS):**
English: (973) 829-8103 or (888) 282-6277 for additional languages
Curb-to-curb shared ride transportation services.
- **Morris County Office for Hispanic Affairs** (973) 366-4770
Offers FREE transportation to and from doctor's appointments, social service appointments; MCOHA offices; and other services in the Morris County area.
- **ModivCare** (*formerly LogistiCare*) (866) 527-9933
Non-emergency medical transport for Medicaid members.
- **New Jersey Transit Reduced Fair Program** (973) 491-7112
Seniors 62 and over can receive half price train and bus tickets.
- **Access Link** (973) 491-4224
Public transportation for people with disabilities who are unable to use NJ TRANSITS bus and light rail systems.
- **Morris County Shuttle Service** (973) 829-8103
Free shuttle to get to Morris County Admin & Records Building, Office of Temporary Assistance, Behavioral Health and Workforce Development.
- **Morris County Aging & Disability Resource Connection (ADRC)**
(800) 564-4656 Call for a transportation guide.
- **Town of Boonton- Senior Transport Program:** (973) 402-9410 ext. 7169
- **Jefferson Dial-A-Ride:** (973) 208-6123
- **Rockaway Township Dial-A-Ride:** (973) 989-2839
- **Butler Borough Dial-A-Ride:** (973) 835-8885

Senior Centers

- **Boonton Town** (973) 402-9410 Ext. 642
126 North Main Street, Boonton, NJ 07005
- **Jefferson Township** (973) 208-1001
54 Schoolhouse Road, Oak Ridge, NJ 07438
- **Rockaway Township** (973) 983-2841
19 Mount Hope Road, Rockaway Township, NJ 07866

Senior Resources and Services

Adult Day Services:

- **Adult Day Care at Merry Heart Assisted Living** (973) 584-4000 x2183
118 Main Street, Succasunna NJ
- **Cedar Knolls Adult Medical Day Care** (973) 539-2969
48 Horsehill Road, Cedar Knolls, NJ
- **Cornerstone Family Programs Social Adult Day Center**
Morris Plains (973) 326-7288
Lake Hopatcong (973) 663-1919
- **Friendship House** (973) 402-1867
130 Powerville Road, Boonton NJ

Healthcare, Pharmaceutical Assistance, and Living Expenses

- **NJ Save** (800)-792-9745
Help for low-income seniors with disabilities. Save money on Medicare premiums, prescription costs and other living expenses by enrolling eligible applicants into the Pharmaceutical Assistance to the Aged and Disabled (PAAD) and Senior Gold Program (prescription assistance); Hearing Aid Assistance Program; and Medicare Savings Programs. Will screen individuals for other savings and assistance programs.
- **State Health Insurance Assistance Program (S.H.I.P.), Norwescap**
(973) 784-4900 x3501
Offers one-on-one assistance, counseling, and education to Medicare beneficiaries to help them make informed decisions about their care and benefits.

Senior Freeze Property Tax Relief

- **Senior Freeze Property Tax Relief** (800) 882-6597
Reimburses eligible seniors for property tax or mobile home fee increases on their principal residence.

Legal Services

- Morris Senior Legal Services & LSNWJ-Morris Protective Services** (908) 231-0840
- Provides legal assistance for guardianships as ordered by the court to individuals with disabilities & provides legal assistance to seniors.

Senior Resources and Services

Utility Assistance

- **Morris County Organization for Hispanic Affairs (MCOHA) Home Energy Assistance Programs** (973) 366-4770
MCOHA is the state's agency to apply for sponsored programs. Low-income households that are having trouble paying their heating and cooling bills can call for help. Programs include **LIHEAP, Gift of Warmth, NJ Shares, USF.**
- **Salvation Army Dover** (973) 366-0764
Help with financial assistance to pay for rent and utilities.
- **Lifeline Utility Assistance Program** (800) 792-9745
Offers an annual benefit of \$225 to individuals that meet PAAD eligibility criteria or receive Supplemental Security Income (SSI).
- **PAGE Program NJ Power On** (732) 982-8710
Payment Assistance for Gas and Electric helps low to moderate-income families pay their utility bills. Must have a documented notice of an overdue balance of more than a \$100.

Caregiver Resources

- **United Way** (973) 993-1160
Provides technology and training for Caregivers of senior or adults with disabilities.
- **Sunshine Program II & Disability Care Subsidy** (973) 398-1730
Provides Child Care services for single disabled parents or grandparent caregivers.
- **DAWN Center for Independent Living** (973) 625-1940
Provides virtual programming for caregivers of adults with disabilities, including education and socialization/ provides information and referral, care management and other services to adults with disabilities/ provides socialization programming for adults with disabilities.

Senior Resources and Services

Alzheimer's Disease and Dementia Specialization:

- **Alzheimer's Association – Greater New Jersey Chapter** (800) 272-3900
Early-stage engagement programs, Alzheimer's Navigator online assessment, support groups for people living with Alzheimer's or a related Dementia and their care partners.
- **Health Care Connect, LLC** (908) 832-0417
Geriatric assessment to determine care and needs, develop and implement care plan, assist in transitions from home to assisted living and arrange home care.
- **The Olive Group, LLC** (954) 892-8209
Assessments, develop cost effective care plans, and help coordinator services.

Care Management – Not For Profit

- **Affiliated Health Services** (973) 539-1216
- **Jewish Family Services of MetroWest** (973) 765-9050
- **Morris County Division on Aging** (973) 285-6848
- **Newbridge Services** (973) 839-2520

Morris County Resource Page

- **Aging, Disabilities & Community Programming** (973) 285-6848
Use this link for each provider for a brief description of services:
<https://tinyurl.com/2s4cau99>